Revioundland & Labrador Centre for APPLIED HEALTH RESEARCH

NOTES FROM A PANEL DISCUSSION ON MIDWIFERY IN ATLANTIC CANADA

RESEARCH EXCHANGE GROUP ON MIDWIFERY AND MATERNAL HEALTH

OCTOBER 28, 2022

- Pearl Herbert retired midwife, provided a comprehensive history of settler midwifery in Newfoundland and Labrador from the 1700s to the present day. Her notes are included here as attached.
- Thea Penashue of the Innu Roundtable Secretariat discussed the Innu Midwifery project in Labrador and told the group about a recent event on Gull Island that included discussions/ celebrations about plans:
 - a. Need a space for midwifery students who will start in April of 2023
 - i. 3 Innu students in Sheshatshiu
 - ii. 3 Innu student in Natuashish
 - b. Gisela Becker, RM has been hired as the Implementation Coordinator for the program
 - c. The program has obtained a Memorandum of Understanding with Labrador Grenfell Health so that students can work within LGH clinics, care sites.
- 3. Vanessa Webb RN reported from Nain on the North Coast of Labrador- an Inuit region that is self-governed under the Nunatsiavut Government
 - a. No midwifery services in region
 - b. Residents fly out to Goose Bay at 36 weeks for delivery
 - c. Nunatsiavut Government is re-vamping programs now with a view to providing culturally-appropriate care to Inuit peoples
 - d. Vanessa has applied for a midwifery program and is now in discussions with the Department of Education about the potential to establish a new Inuit midwifery education/training program but there is a need for raised awareness of midwifery in the region.
 - e. Brianna Thompson, Chief Midwife of NL has discussed midwifery with stakeholders in the region and continues to champion the role of midwives in the north.
- 4. Sarah Harnum RM, Central Health (CH) in Central Newfoundland, Chair of the College of Midwives of NL
 - a. Only 2 midwives (Sarah Harnum and Maud Addai) work in CH
 - b. No applicants for the two vacant positions in CH. The College of Midwives NL is having challenges getting midwives to work in the province
 - c. No deliveries by midwives in CH in the past 8 months, cannot work to full scope and are only doing pre-natal/ post-partum care
 - d. College and NLCHP now discussing implications of not being able to meet the number of deliveries required to maintain status

- e. Government NL has not yet dispensed funding to CMNL this year
- f. Gander area clients have indicated satisfaction with midwifery care
- g. While there is plenty of support from interprofessional colleagues, sustained government support is a challenge
- h. Midwives face delivery site challenges as well
- 5. Brianna Thompson, Chief Midwife of Newfoundland & Labrador
 - a. Working closely with stakeholders to support the integration of RM practice in NL healthcare
 - b. Providing support to the NL Government Department of Health & Community Services (DHCS)to make legislation that will support midwifery practice in NL
 - i. Now establishing key performance indicators to support such legislation
 - c. Three key areas of focus:
 - i. Recruitment and Retention (add midwives to the Incentives Program for healthcare professionals)
 - ii. Workforce Survey with the NL Centre for Health Information (make connections with RMs to work here in NL)
 - iii. Atlantic Midwifery Education Program (building capacity)
 - d. Expansion Plans:
 - DHCS has a mandate to implement midwifery in Eastern Health and in Labrador Grenfell Health by 2024
 - ii. Site selection needs to be done within these two Regional Health Authorities
 - e. DHCS funds the College of Midwifery in NL but there is currently not an allocated budget for this item
- 6. Ann Noseworthy retired faculty School of Nursing, Memorial University, BSc. BN, RM, MA (Midwifery) PhD (Midwifery) on behalf of the Association of Midwives of NL
 - a. Historically, midwives and nurses worked cooperatively under the umbrella of nursing; AMNL was established when RMs wanted to form their own professional association
 - b. AMNL is lobbying and working towards the regulation of midwifery practice in NL
 - c. Responsible for developing standards of practice and codes of conduct to meet the requirements to establish midwifery as a professional practice in NL
 - d. Established under the umbrella of the NLCHP/ College of Midwives
 - e. To be insured under HIROC, midwives must be AMNL members
 - f. AMNL is a conduit for getting RMs into practice, insurance, NLCHP
 - g. Although numbers are low at present, AMNL continues to lobby for an expanded role for RMs in NL
- 7. Brittany Stairs, President, Midwives Association of New Brunswick
 - a. MANB is a small association established in 2010 with by-laws established in 2015
 - b. Midwifery in NB is limited with 4 full-time positions in Fredericton only

- c. This is the first time the program has had stable funding and it is now part of the English Regional Health Authority of New Brunswick
- d. There may be interest in the French RHA, too early to comment
- e. Indigenous midwifery is showing potential as well
- f. Things are happening slowly, but midwifery is building momentum in the province and RM practice is no longer considered to be a pilot project but a "demonstration site," which is an important distinction.
- g. Improvements are underway. At 36 weeks, maternal care in NB is always provided by an obstetrician. Relationships are improving between OBs and RMs in the province.

8. Joyce England, PEI Midwives Association

- a. Regulations now in place for RM practice in PEI
- b. Posted an advertisement for midwives yesterday (October 27 2022)
- c. PEI MA lobbied for self-regulation within college of nurses so it will become the College of Nurses and Midwives in PEI
- d. Site in hospital has been chosen
- e. Site in community underway
- f. Charlottetown will have 5 midwives and 1 lead at ½ time to set up
- g. Insurance through HIROC still in progress
- h. Privileging issues are being worked out
- i. Recruitment started yesterday

9. Jessica MacDonald Association of Nova Scotia Midwives

- a. ANSM is provincial association for RMs in NS, regulated in 2009 by the Midwifery Regulatory Association of NS
- b. Non-unionized
- c. 16 full time midwifery positions in the province
 - i. Highland 4 RMs
 - ii. Halifax Region 8 RMs
 - iii. South Shore 4 RMs
- d. All RMs work to full scope of practice:
 - i. 80% hospital vs 20% home births
 - ii. Hospital site water births available
 - iii. Home births are supported by RNs
 - iv. No birth Centres in NS; only the home option is available outside hospitals
- e. Government policy to have 20 full time positions in the province